

# Brian Bouch, MD: Integrative Oncology, Part 2

Brian Bouch, MD, retired several years ago from an integrative medicine practice in Sonoma, California. After he received a difficult cancer diagnosis, he developed a specialty in integrative oncology. Dr. Bouch was the first medical director of Commonweal. In the attached three videos, he talks with Michael Lerner about how he developed his practice, what he learned from his own experience with cancer and how he worked with his patients.

1. **0:25** Continuing discussion of the healing power of love.
2. **6:00** If possible, before conventional cancer treatments:
  - a. get healthy
  - b. clear as many toxics as possible before treatment
2. **9:06** High-dose vitamin C (IV):
  - a. controversy: does it block effectiveness of conventional treatment?
  - b. current studies show it does work in certain cancers and does not block effectiveness of conventional treatment
3. **11:58** Copper chelation (CC):
  - a. experience with tetrathiomolybdate (TM4) and low copper
  - b. must come from a compounding pharmacy
4. **16:00** Other Therapies
  - a. alpha-lipoic acid (IV)
  - b. low-dose naltrexone (oral) + alpha-lipoic acid (IV)
  - c. glutathione
5. **26:10** Acquiring medicine not available in US
  - a. can be acquired from Europe and brought to the US (for our own personal use)
  - b. drugs can be acquired from Canada (no credit cards—cash or check only)
  - c. prescriptions provided by patient's physician
6. **31:00** Recchia Protocol
  - a. Accutane and Interleukin-2
  - b. used for certain cancers
7. **35:25** Off-label, overlooked and novel cancer approaches (ONCAs)
8. **38:00** Metformin (mainstream research)
9. **42:00** General mainstream approaches to build immune system
  - a. B<sub>12</sub>, B complex, zinc, selenium, potassium and magnesium
  - b. Chinese herbs: marrow plus
10. **48:00** Natural immunotherapies
  - a. retinoic acid and OM-85
  - b. Coley's toxins
  - c. Zadaxin
  - d. interferon